

10am 23/01/2012

PRESS RELEASE

NUFFIELD HEALTH ACQUIRES GREENS HEALTH & FITNESS

Leading healthcare charity Nuffield Health, today announces the acquisition of Greens Health & Fitness, a chain of 15 fitness centres from De Vere Group.

The new centres will take Nuffield Health one step closer to its ambition of ensuring a larger proportion of the UK population are able to benefit from their unique approach to fitness and wellbeing.

This latest acquisition takes Nuffield Health a stage further on its journey as the UK's leading social enterprise, offering a unique health and wellbeing proposition; it builds on the purchase of Cannons gyms in 2007 and Bladerunner corporate fitness in 2010.

Our health and wellbeing proposition puts measurable health improvements at the heart of the contract with each member. Not only do seven out of ten members get fitter and healthier in just three months, but in a challenging economic climate, the charity increased membership by more than five per cent last year.

As a result of today's announcement, Nuffield Health's overall membership rises to around 300,000 across 66 consumer and 200 corporate sites, making it the sixth largest provider of fitness and wellbeing services in the UK.

David Mobbs, Group Chief Executive, Nuffield Health, said:

"The acquisition of Greens Health & Fitness is an important step towards achieving Nuffield Health's strategic ambition of a national network of fitness and wellbeing facilities, supporting more members to get fitter and healthier.

“The acquisition will allow UK health consumers to benefit from the unique proposition Nuffield Health provides and maximise the number of members who are able to achieve their fitness and wellbeing goals and get healthier.

“Our newest members will be supported by the UK’s largest healthcare charity which reinvests all its profits into improving its wellbeing services.”

Laura Kerby, Managing Director, Consumer Wellbeing, Nuffield Health, said:

“Every member receives a free Nuffield Health MOT which helps them take control of their health, better evaluate their fitness progress and keeps them working towards their wellbeing goals. Today's acquisition means even more members can benefit from this service which ensures healthiness is the number one priority.”

Underpinning everything at Nuffield Health is the long term health and wellbeing of members.

Notes to Editor:

1. For further information please contact Helen Cook on 0208 329 6707 or email on Helen.Cook@NuffieldHealth.com

2. **About Nuffield Health**

Nuffield Health is the largest healthcare charity in the UK, and has been for over 50 years. Through our 200 hospitals, fitness & wellbeing centres, medical clinics and corporate facilities, we offer the services of over 15,000 health experts to help people get healthy, and stay healthy. We help people to identify and manage their individual health risks, and provide sophisticated diagnosis and treatment when problems occur. We are independent of government and have no shareholders, so reinvest all financial surplus for the benefit of our customers.

3. Nuffield Health is an award-winning not-for-profit charity, having won the UK's best corporate fitness club for the fifth consecutive year in 2011 as well as 2010 Health Investor Social Enterprise of the Year.

4. Nuffield Health's 60 minute comprehensive Health MOT measures, waist to hip ratio, systolic blood pressure, aerobic fitness, blood glucose, total cholesterol, sleep, stress, alcohol consumption and smoking habits.

5. Nuffield Health's Canary Wharf Medical Centre, will open this Spring to provide exemplary healthcare to employees and residents in the heart of the Docklands financial district